

# WE ARE Coast & Country PRIMARYCARE

...and we're here to help you.


We are a not-for-profit organisation delivering a diverse range of health programs and community services as well as being a registered NDIS provider, operating across New South Wales.


Providing services since 2001, we are an organisation that values people – our team, the people we support, and the wider community.


We are Coast & Country Primary Care and we are here to help.



## HOW TO CONTACT US

 H/O is located at  
167B The Entrance Road,  
Erina NSW 2250

 02 4365 2294

 [ccpc@ccpc.com.au](mailto:ccpc@ccpc.com.au)

 [ccprimarycare](https://www.facebook.com/ccprimarycare)

 [www.ccpc.com.au](http://www.ccpc.com.au)



CCPC acknowledges  
Traditional Land  
Owners



All welcome here

 Coast & Country  
**PRIMARYCARE**  
Better Health - Better Life



Coast & Country  
**PRIMARYCARE**



## NDIS RECOVERY COACH

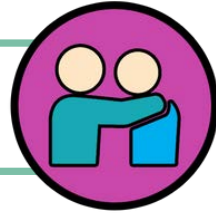


NDIS Quality  
and Safeguards  
Commission



Registered  
NDIS  
Provider

## RECOVERY COACH



Recovery Coaches empower participants to take more control of their lives in their recovery journey.

They have experience recognizing possibilities for recovery and wellbeing based on your strengths and life experiences.

Recovery Coaches support you to develop independence, are responsive to the needs of your recovery goals, and explore your circles of support to develop a recovery plan.

Our Recovery Coaches help you navigate mental health services and systems, including the NDIS, and support you to take control over your recovery.

*"My Recovery Coach never let me down and showed me the progress I made, which really lifted me up."*

**Brandan, CCPC Participant**



*Want someone to go on  
the journey with you?*

**Call our team today on 02 4365 2294**

## WHY CHOOSE CCPC FOR YOUR RECOVERY COACH?

- ✓ We support you to develop your individual recovery plan
- ✓ We provide skilled coaching to build on your strengths
- ✓ We worked collaboratively with your support network
- ✓ Our Recovery Coaches have years of experience supporting personal recovery goals
- ✓ We support you to get the most out of your NDIS plan

