

ABOUT THE SERVICE

Experienced Central Coast Primary Care Mental Health Clinicians are able to visit residents in Aged Care facilities to help with their mental health needs.

Mental Health Services can help with the emotional transition into a facility, as well as with feelings of sadness, worry and distress.

WHO WE SEE

Mental Health Services can be accessed by residents with mild to moderate mental health symptoms who are able to engage in mental health treatment; and are unable to access support from other government funding or Medicare.



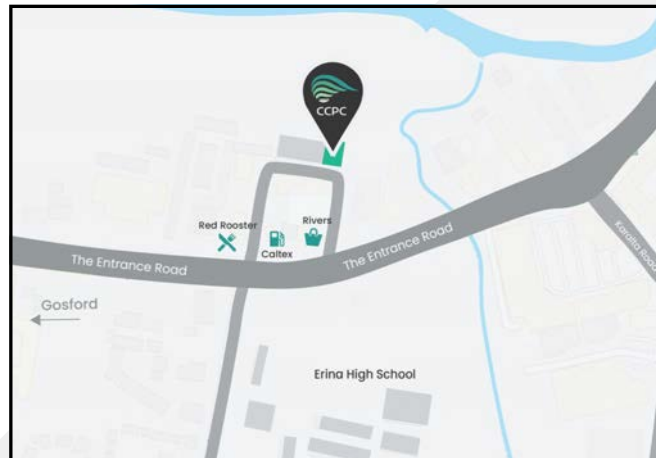
167B The Entrance Road
Erina, NSW 2261



02 4365 2294



www.ccpc.com.au



Central Coast
PRIMARYCARE
Better Health - Better Life



CCPC acknowledges
Traditional Land Owners



All welcome here



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MENTAL HEALTH

Service for Aged Care Residents

SERVICES PROVIDED

- Individual assessment to help with diagnosis of Mental Health conditions such as depression, anxiety, and adjustment disorder.
- Individual therapy for depression, anxiety, bereavement, social withdrawal, or adjustment difficulties.

BENEFITS OF THIS SERVICE

- It's free
- The service is provided at the aged care facility, so no travel is required
- With permission from the resident, information can be shared with aged care staff to ensure consistent support

THE PROGRAM CAN HELP WITH EMOTIONAL TRANSITION INTO A FACILITY

HOW TO REFER?

For a referral to this program, speak to the registered nurse at the facility or talk to the residents regular GP.

Alternatively, you can call the Mental Health team at Central Coast Primary Care on 02 4365 2294.

ABOUT CENTRAL COAST PRIMARY CARE

Central Coast Primary Care is a local not-for-profit organisation committed to improved health and wellbeing in our community.

